

Survey on Children's Daily Life among 8 Asian Countries 2021

<Asking for your cooperation>

In this survey, we will ask **mothers** of 5-years-old or 7-years-old about their child's environment at childcare facilities/schools, situation at home, and the awareness of parents. The purpose of this study is to explore better ways of establishing the environment and support for childrearing so that it will be beneficial for a wide range of adults from parents, childcare practitioners to social supporters and policymakers.

Please answer the questionnaire about your 5-year-old child.

In this questionnaire “**the subject child**” or “**the individual**” means, “**YOUR child**” who is the target of this survey.

We would highly appreciate your assistance after reading through our intentions of this research.

XXXX (Insert name of research institute or university of the lead member on the country team.)

<Notes upon answering the questionnaire>

- 1) Your participation is strictly voluntary, and you may refuse to answer the questionnaire at any time before completing all the questions.
- 2) The survey results will be presented or made public at relevant conferences, papers in journals, research reports, symposium, or on websites, through research activities conducted by XXXX (Insert name of institute of the lead member) and Child Research Net (<https://www.childresearch.net/>), the collaborative researcher.
- 3) This questionnaire will be conducted in countries in Asia. International comparison of the results may be made public.
- 4) You need not to worry as NO personal information identifying an individual will be made public.
- 5) The questionnaire will take approximately 20-30 minutes to answer.

< Contact regarding this questionnaire>

If you would like to know more about this questionnaire, or have any doubts, please feel free to contact:

Email address: xxxx@xxxx

Contact person: xxxxx

XXXX(Insert name of institute of the lead member)

(When doing an online questionnaire)

The questionnaire will appear after clicking on “I consent. Begin the questionnaire.” button.

If you disagree to the above-mentioned information, please close your browser and exit.

(When doing a paper-based questionnaire)

If you agree to the above-mentioned information, please answer the questionnaire.

Q1 Here we ask you about the COVID-19 situation in your residential area, and your opinion.

1) Is your residential area currently under lockdown (law-enforced movement restrictions, limitation of number of people to go out with, etc.)?

1. Yes 2. No

2) Have you received a COVID-19 vaccination?

1. Yes 2. No

3) Are you satisfied with the measures your country/region has taken against the COVID-19 pandemic?

Very satisfied	Fairly satisfied	Neither satisfied nor dissatisfied	Fairly dissatisfied	Very dissatisfied
1	2	3	4	5

4) Are you concerned about the further spread of COVID-19?

Very concerned	Fairly concerned	Neither concerned nor unconcerned	Fairly unconcerned	Very unconcerned
1	2	3	4	5

Q2 Here we ask you about your subject child.

1) sex 1. Male 2. Female

2) age 1. 5 years 0 month to 2 months old 3. 5 years 6 months to 8 months old
 2. 5 years 3 months to 5 months old 4. 5 years 9 months to 11 months old

3) Total number of children (including the subject child)

1. One 2. Two 3. Three 4. Four 5. Five or more

4) Order of birth (in descending order)

1. 1st 2. 2nd 3. 3rd 4. 4th 5. 5th and after

5) Average sleeping hours per day (including nap)

1. Shorter than 6 hours (hs) 5. Longer than 9 hs shorter than 10 hs
2. Longer than 6 hs shorter than 7 hs 6. Longer than 10 hs shorter than 11 hs
3. Longer than 7 hs shorter than 8 hs 7. Longer than 11 hs shorter than 12 hs
4. Longer than 8 hs shorter than 9 hs 8. Longer than 12 hours

Q3 Here we ask you about the childcare facility/school the subject child attends.

Please answer the current attendance status of your child.

1. Attends the childcare facility/school
2. Hybrid style of attending childcare facility/school and online classes
3. Does not attend childcare facility/school
4. Not enrolled in any childcare facilities/schools

Q4 Here we ask you about the caregivers/teachers at the childcare facility/school the subject child attends.

		Very much so	Fairly so	Not so much	Not at all	Not enrolled in any childcare facilities/schools
1)	Caregivers/teachers' conversation and involvement with the subject child are warm-hearted.	1	2	3	4	5
2)	Caregivers/teachers respect the subject child's feelings.	1	2	3	4	5
3)	Caregivers/teachers care about the subject child.	1	2	3	4	5
4)	Caregivers/teachers care about you (subject child's mother).	1	2	3	4	5
5)	There are caregivers/teachers whom I can turn to for advice.	1	2	3	4	5

Q5 <To mothers whose subject child is 7 years-old>

Here we ask you about the subject child's academic performance at elementary school.

<To mothers whose subject child is 5 years-old>

For the following 3 questions, please choose "6 Not enrolled in elementary school."

		poor	not so good	average	good	excellent	Not enrolled in elementary school
1)	Overall academic performance	1	2	3	4	5	6
2)	First language (mother tongue)	1	2	3	4	5	6
3)	Maths	1	2	3	4	5	6

Q6 To what extent do the following statements apply to the individual?

There are no right or wrong answers.

		Not at all	A little	Somewhat	Quite a bit	A lot
1)	My child cooperates/shares with people around him/her	1	2	3	4	5
2)	My child believes getting an education or doing well in school is important to him/her	1	2	3	4	5
3)	My child knows how to behave/act in different situations (like school, home, church or mosque)	1	2	3	4	5
4)	My child has a parent(s)/caregiver(s) who knows where he/she is and what he/she is doing most of the time	1	2	3	4	5
5)	My child has a parent(s)/caregiver(s) who knows a lot about him/her (for example what makes him/her happy, scared, sad)	1	2	3	4	5

6)	My child has enough to eat at his/her home when he/she is hungry	1	2	3	4	5
7)	My child is fun to be with or that others like to play with him/her	1	2	3	4	5
8)	My child talks to his/her family/caregiver(s) about how he/she feels	1	2	3	4	5
9)	My child feels supported by his/her friends	1	2	3	4	5
10)	My child feels he/she fits in at his/her school	1	2	3	4	5
11)	My child has a family/caregiver who cares about him/her when times are hard (for example if he/she is sick or has done something wrong)	1	2	3	4	5
12)	My child has friends who care about him/her when times are hard (for example if he/she is sick or has done something wrong)	1	2	3	4	5
13)	My child is treated fairly	1	2	3	4	5
14)	My child is given chances to show others that he/she is growing up and can do things by himself/herself	1	2	3	4	5
15)	My child feels safe when he/she is with his/her family/caregiver(s)	1	2	3	4	5
16)	My child has chances to learn things that will be useful when he/she is older (like cooking, working, and helping others)	1	2	3	4	5
17)	My child likes the way his/her family/caregiver(s) celebrates things (like holidays or learning about their culture)	1	2	3	4	5

Q7 Please read each question carefully. Think about how your child has been feeling during the past week. Choose the number corresponding to the answer in each line that fits your child best.

		never	seldom	sometimes	often	all the time
1)	My child felt ill	1	2	3	4	5
2)	My child had a headache or tummy-ache	1	2	3	4	5
3)	My child was tired and worn-out	1	2	3	4	5
4)	My child felt strong and full of energy	1	2	3	4	5
5)	My child had fun and laughed a lot	1	2	3	4	5
6)	My child didn't feel much like doing anything	1	2	3	4	5
7)	My child felt alone	1	2	3	4	5
8)	My child felt scared or unsure of him-/herself	1	2	3	4	5
9)	My child was proud of him-/herself	1	2	3	4	5
10)	My child felt on top of the world	1	2	3	4	5
11)	My child felt pleased with him-/herself	1	2	3	4	5
12)	My child had lots of good ideas	1	2	3	4	5
13)	My child got on well with us as parents	1	2	3	4	5
14)	My child felt fine at home	1	2	3	4	5
15)	We quarreled at home	1	2	3	4	5
16)	My child felt that I was bossing him/ her	1	2	3	4	5

	around					
17)	My child played with friends	1	2	3	4	5
18)	My child was liked by other kids	1	2	3	4	5
19)	My child got along well with his/ her friends	1	2	3	4	5
20)	My child felt different from other children	1	2	3	4	5
21)	My child coped well with the assignments set in nursery school/ kindergarten	1	2	3	4	5
22)	My child enjoyed the nursery school/ kindergarten	1	2	3	4	5
23)	My child looked forward to nursery school/kindergarten	1	2	3	4	5
24)	My child made lots of mistakes when doing minor assignments or homework	1	2	3	4	5

Q8 How much of the following currently applies to your involvement with the subject child?

		Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
1)	I talk to my child in a warm and gentle manner.	1	2	3	4
2)	We have physical contact.	1	2	3	4
3)	I respond to my child's needs.	1	2	3	4
4)	I am proud when my child does something well.	1	2	3	4
5)	When my child is about to do something, I don't interfere and watch them through to the end (except when it's dangerous).	1	2	3	4
6)	I provide an environment where my child can work on what he/she wants to do.	1	2	3	4
7)	I provide opportunities for playing and experiencing things that expand my child's interests.	1	2	3	4
8)	I let my emotions get the best of me when disciplining my child.	1	2	3	4
9)	If my child makes a mistake, I become very critical of him/her.	1	2	3	4
10)	I hit my child when he/she doesn't listen to me.	1	2	3	4

Q9 How often does the subject child do the following on digital devices such as tablets, smartphones, computers, etc.?

		Very often	Some times	Once in a while	Seldom	Never
1)	Watches video clips.	1	2	3	4	5
2)	Takes photos.	1	2	3	4	5
3)	Plays with letters and numbers.	1	2	3	4	5
4)	Reads books/picture books (including e-books).	1	2	3	4	5
5)	Enjoys learning a foreign language.	1	2	3	4	5
6)	Draws pictures (including coloring books).	1	2	3	4	5
7)	Listens to music.	1	2	3	4	5
8)	Enjoys programs for physical exercise.	1	2	3	4	5

9)	Plays games.	1	2	3	4	5
10)	Talks on the phone, sends emails, or uses SNS.	1	2	3	4	5
11)	Watches the news.	1	2	3	4	5
12)	Searches for information (including studying).	1	2	3	4	5
13)	Does homework from the childcare facility or school.	1	2	3	4	5
14)	Does studying other than homework from the childcare facility or school.	1	2	3	4	5
15)	Participates in online classes (including childcare facility, school, or enrichment classes)	1	2	3	4	5
16)	Watch programs distributed from the childcare facility, school, enrichment classes or cram school.	1	2	3	4	5
17)	Communicates using video chat apps	1	2	3	4	5

Q10 Please select all that applies about your involvement with the subject child when he/she uses/watches digital devices.

		Very much so	Fairly so	Not so much	Not at all
1)	He/she watches/uses it alone freely.	1	2	3	4
2)	Parents choose what he/she watches/uses.	1	2	3	4
3)	I keep an eye on my child when he/she is using/watching it.	1	2	3	4
4)	I talk to my child in line with the content my child is using/watching.	1	2	3	4
5)	I watch/use together with my child.	1	2	3	4
6)	I encourage to decide time length of use/viewing.	1	2	3	4
7)	I research together when something he/she does not know comes up.	1	2	3	4
8)	I support my child so that he/she can do difficult activities.	1	2	3	4

Q11 Has your discomfort toward the subject child's use of digital devices changed compared to before the COVID-19 pandemic? Please select what is closest to your opinion.

- 1) About the use of digital devices as a tool for entertainment and play
 1. I have felt awkward from before, and still feel so now.
 2. I used to feel awkward, but feel less so/do not feel so now.
 3. I did not feel awkward before, but now feel more so/feel that way.
 4. I have not felt awkward from before, and still do not feel so.

- 2) About the use of digital devices as a tool for studying
 1. I have felt awkward from before, and still feel so now.
 2. I used to feel awkward, but feel less so/do not feel so now.
 3. I did not feel awkward before, but now feel more so/feel that way.
 4. I have not felt awkward from before, and still do not feel so.

Q12 Here we ask you about how the subject child spends the day on a daily basis.

How much time does the subject child have for the following activities?

Please answer the average time per weekday about the past week.

		None (0 minutes)	About 30 minutes	About 1 hour	About 1.5 hours	About 2 hours	About 2.5 hours	About 3 hours	4 hours or more
1)	Playing freely outdoors (excluding at the childcare facility, school or enrichment classes)	1	2	3	4	5	6	7	8
2)	Playing freely indoors (excluding at the childcare facility, school or enrichment classes)	1	2	3	4	5	6	7	8
3)	Studying at home (including distance learning)	1	2	3	4	5	6	7	8
4)	Watching TV/DVD at home	1	2	3	4	5	6	7	8
5)	Using/watching smartphones at home	1	2	3	4	5	6	7	8
6)	Using/watching tablets at home	1	2	3	4	5	6	7	8

Q13 How often does the subject child have the chance to do the following? Please answer the frequency about the past week.

		None (0 times)	Once	Twice	Three times	Four times	Five times or more
1)	Enrichment classes	1	2	3	4	5	6
2)	Activities in the local community (gatherings, events, etc.)	1	2	3	4	5	6

Q14 Has the COVID-19 pandemic influenced the subject child's time in the following activities?

		Increased	Has not changed	Decreased
1)	Playing freely outdoors (excluding at the childcare facility, school, or enrichment classes)	1	2	3
2)	Playing freely indoors (excluding at the childcare facility, school or enrichment classes)	1	2	3
3)	Total time of using/watching digital devices at home (TV/DVD/tablet/smartphone, etc.)	1	2	3

Q15 Here we ask you about the situation of the subject child's play.

1) Who does your child often play with? (Multiple answers allowed)

- | | |
|--|-------------------------|
| 1. Friends in the neighborhood | 5. Grandparents |
| 2. Friends from the childcare facility or school | 6. Alone |
| 3. Siblings | 7. Does not/cannot play |
| 4. Parents | 8. Others |

2) How many friends does your child have who he/she can play with? (Select one)

1. None (0) 2. 1 to 2 3. 3 to 4 4. 5 or more

Q16 Regarding childrearing, do you ever get feelings such as the following?

		Very much so	Fairly so	Not so much	Not at all
1)	I feel I overstrain myself trying to be a good parent.	1	2	3	4
2)	I feel my child has grown fairly well.	1	2	3	4
3)	I think childrearing is enjoyable and a happy role.	1	2	3	4
4)	So long as my child is brought up with affection, parents do not have to be with him/her all the time.	1	2	3	4
5)	I will get as much support as possible when rearing my child.	1	2	3	4
6)	I am concerned whether my child is inferior to other children.	1	2	3	4

Q17 Here we ask you about your view or awareness in childrearing.

How much emphasis do you put on the following aspects when rearing the subject child?

		Very much so	Fairly so	Not so much	Not at all
1)	To let the child do what he/she can alone	1	2	3	4
2)	To help the child acquire social manners/follow rules	1	2	3	4
3)	To encourage basic daily habits	1	2	3	4
4)	To encourage the child to care about others	1	2	3	4
5)	To let the child express his/her feelings and thoughts	1	2	3	4
6)	To promote the child's physical strength	1	2	3	4
7)	To help the child learn numbers/letters	1	2	3	4
8)	To let the child interact with parents	1	2	3	4
9)	To broaden the child's interests	1	2	3	4
10)	To let the child spend time with parents	1	2	3	4
11)	Give the child opportunities for nature experience	1	2	3	4
12)	To let the child play with friends	1	2	3	4
13)	To help the child value tradition/culture	1	2	3	4
14)	To foster the artistic talent of the child (music, painting etc.)	1	2	3	4
15)	To help the child learn foreign languages	1	2	3	4

Q18 Here we ask about dividing house chores and childrearing roles between you and your family members in the household (including domestic workers).

Among the childrearing and house chores you split between you and your family members in the household (including domestic workers), what is the proportion of those you are in charge of?

		0% (All done by family members)	10- 20%	30- 40%	About 50% (half)	60- 70%	80- 90%	100% (All done by myself)	I have no other family members
1)	Childrearing/take care of my child	1	2	3	4	5	6	7	8
2)	Do house chores	1	2	3	4	5	6	7	8

Q19 Here we ask you about your spouse/partner. How much of the following applies to the current relationship between your spouse/partner and the subject child, or between your spouse/partner and you?

		Very much so	Fairly so	Not so much	Not at all	I have no spouse/partner
1)	Plays with the subject child	1	2	3	4	5
2)	Talks with the subject child	1	2	3	4	5
3)	Teaches studying to the subject child	1	2	3	4	5
4)	Looks after the subject child	1	2	3	4	5
5)	Splits house chores with you	1	2	3	4	5
6)	Listens my child care concerns	1	2	3	4	5
7)	Understands my child care, housework, work difficulties, etc.	1	2	3	4	5
8)	Supports my stress relief	1	2	3	4	5
9)	Considers how to cope with COVID-19, together	1	2	3	4	5

Q20 Please answer the following about your current daily life.

		Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree	Not employed /self-employed
1)	I am satisfied with my childrearing.	1	2	3	4	5	
2)	I am satisfied with how I do my house chores.	1	2	3	4	5	
3)	I am satisfied with my work.	1	2	3	4	5	6
4)	I am satisfied with my work-life balance.	1	2	3	4	5	6
5)	I am satisfied with my overall life.	1	2	3	4	5	

Q21 Here we ask you about you and your family.

1) Please tell us who you currently live with (multiple answers allowed).

(Including grandparents and relatives living in a guesthouse or annex within the premises.)

- | | | |
|------------------------------|-----------------------------------|--------------------|
| 1. Subject child | 5. Your mother | 9. Domestic worker |
| 2. Siblings of subject child | 6. Your spouse's/partner's father | 10. Others |
| 3. Spouse/partner | 7. Your spouse's/partner's mother | |
| 4. Your father | 8. Relative | |

2) Please indicate your current employment status. Please choose whichever applies from below.

*If you have multiple jobs, please select one main occupation.

- | | |
|--|--|
| 1. Full-time position (full-time employee/regular worker) *Including work from home. | 7. In agriculture, forestry, and fishery |
| 2. Part-time worker | 8. Homemaker (engaged in housework) |
| 3. Contracted/dispatched employee | 9. Student |
| 4. Home pieceworker | 10. Unemployed |
| 5. Employer | 11. Others |
| 6. Self-employed/family-run business | |

3) Please select the last academic institution you graduated.

- | | | |
|---------------------------|--|-----------|
| 1. Elementary school | 5. Polytechnic | 9. Others |
| 2. Lower secondary school | 6. Junior college | |
| 3. Upper secondary school | 7. 4-year university | |
| 4. Vocational school | 8. Graduate school (Including 6-year university) | |

4) Please indicate your spouse's current employment status.

*If your spouse has multiple jobs, please select one main occupation.

- | | |
|--|--|
| 1. Full-time position (full-time employee/regular worker) *Including work from home. | 7. In agriculture, forestry, and fishery |
| 2. Part-time worker | 8. Homemaker (engaged in housework) |
| 3. Contracted/dispatched employee | 9. Student |
| 4. Home pieceworker | 10. Unemployed |
| 5. Employer | 11. Others |
| 6. Self-employed/family-run business | 12. I have no spouse/partner |

5) Please select the last academic institution your spouse graduated.

- | | | |
|---------------------------|--|------------------------------|
| 1. Elementary school | 5. Polytechnic | 9. Others |
| 2. Lower secondary school | 6. Junior college | 10. I have no spouse/partner |
| 3. Upper secondary school | 7. 4-year university | |
| 4. Vocational school | 8. Graduate school (Including 6-year university) | |

6) How much is the combined gross annual income of your household? Please select the rough total amount in the past year (2020) including bonus payments, etc.

None	Less than 18,000 USD	More than 18,000 USD to less than 36,000 USD	More than 36,000 USD to less than 54,200 USD	More than 54,200 USD to less than 72,300 USD	More than 72,300 USD to less than 90,400 USD	More than 90,400 USD	Do not know/ do not want to answer
1	2	3	4	5	6	7	8

7) How has your household income changed compared to before the COVID-19 pandemic (2019)?

No income	Has decreased	Has not changed	Has increased	Do not know/do not want to answer
1	2	3	4	5

8) Are there individuals other than yourself, organizations, and services involved in looking after the subject child? Please select all that applies.

If you do not have anyone, please select "8. None."

*Please exclude hours when the subject child is attending a childcare facility or school.

1. Spouse/partner
2. The subject child's grandparents/relatives
3. Neighbors
4. Friends
5. Babysitter/domestic worker
6. Social support other than families (private or public child care support, etc.)
7. Others
8. None